



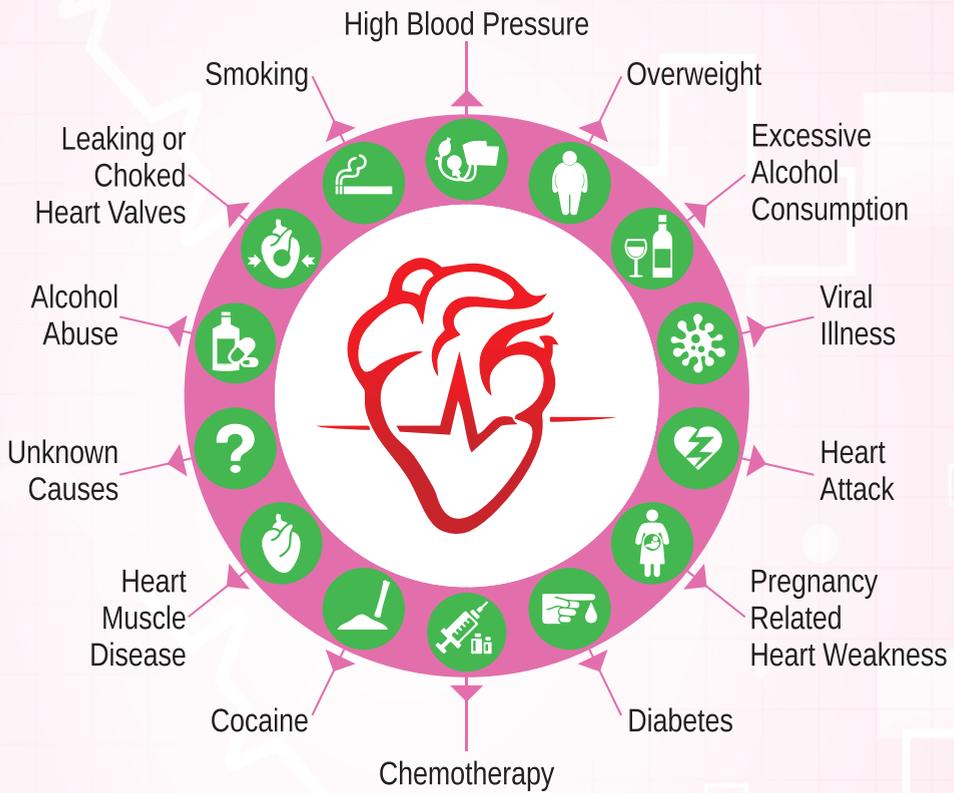
DR. SURESH ADVAN'S

SMITA MEMORIAL
HOSPITAL AND RESEARCH CENTRE



HEART FAILURE CLINIC

WHAT CAN CAUSE HEART FAILURE?



INDICATORS OF HEART FAILURE



Trouble breathing that is worse during exercise or when lying down



Having a dry cough that does not go away



Swelling in your ankles, legs, and stomach



Coughing up white frothy sputum



Feeling restless, tired, or weak



Inability to speak complete sentence in one breath



Gaining weight excessively



Needing 2 or more pillows at night or having to sleep in the chair



Feeling full quickly when you eat, or having a loss of appetite



Key Features

- Specialized biochemistry tests to ascertain prognosis, therapeutic modalities & long term implication on patient with heart failure.
- Well-equipped non-invasive Cardiology department.
- Team of dedicated well-qualified Cardiologists backed by Heart Failure co-ordinator.
- Customized patient care by trained heart failure rehabilitation team.
- Dedicated Dietician for standardized dietary regimen.
- Advance Electrophysiology, & Sleep lab with specialized consultants.
- Use of supervised guideline-directed medical therapy improves Quality of Life, reduces hospital visits and need for admission and prolongs life.
- Enable patients to get access to specialized consultation, echocardiography, and biochemistry tests at discounted rates.



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